

Seoul, Korea: 29-30 November 2018

Live Case Demonstration 3

Top Lessons I Learned in My Cath Lab Experience

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No conflicts to disclose

Radial or Femoral

Have very clear the advantages and limitations of each approach and the specific skills you have

Results of randomized studies are important nevertheless specific settings are more relevant

Consider closure devices when femoral

Never compromise for optimal Guiding catheter

ALWAYS look for the best guiding catheter
there is no substitute for optimal guide support

In some situations place an additional high
support wire (Gran Slam; Sion Support) in
another coronary vessel to gain better
support

Guideliner or other selective catheters are
important but they are not a substitute for
appropriate guide catheter

Be Ready to Blame Yourself: Before the procedure the problem was not present

IN CASE OF ADVERSE EVENTS

Hypotension

- **Occlusion**
- **Bleed**
- **Anaphylaxis**
- **Drug**

Arrhythmia

Wire or Catheter Placement

Chest Pain

- **Occlusion**
- **No Reflow**

Access Must Be Perfect

- **If There Is Bleeding, Pain, Hematoma
Resolve It Before Starting Intervention**
- **If Not, the Case Will Be a Nightmare
Either Now or Later**

Listen to the Patient!

- **If Things Look Great,
and the Patient Feels Bad,
Look Again Harder!**

True Bifurcation

(significant stenosis on the main and side branches)

No

Yes

Provisional SB stenting

Is SB suitable for stenting?

Approach is dictated by the
Side Branch!

No

Yes

Provisional SB
stenting

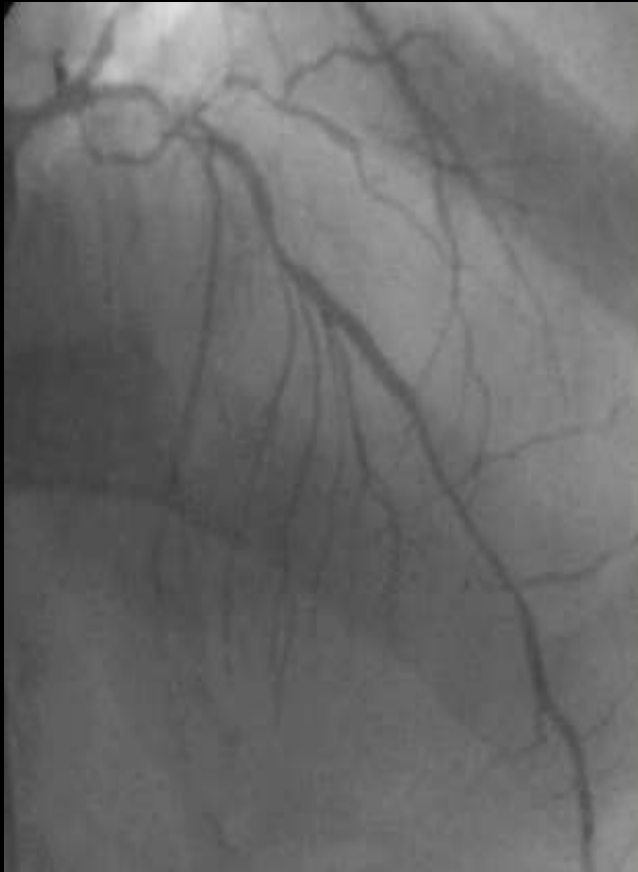
Elective implantation of two stents
(MB and SB)

Provisional: Side Branch without or with short ostial disease, Side Branch smaller than 2.5 mm, Side Branch with small territory of distribution

2 stents: Side Branch 2.5 mm or larger, the territory of distribution not small, the disease is not focal at the ostium extending for 5-10 mm. When implanting 2 stents use minicrush, DK crush or culotte

Crossover from Provisional to 2 stents: when the result following kissing is poor and the Side Branch is suitable for stenting. Use TAP or culotte

SB diameter and territory

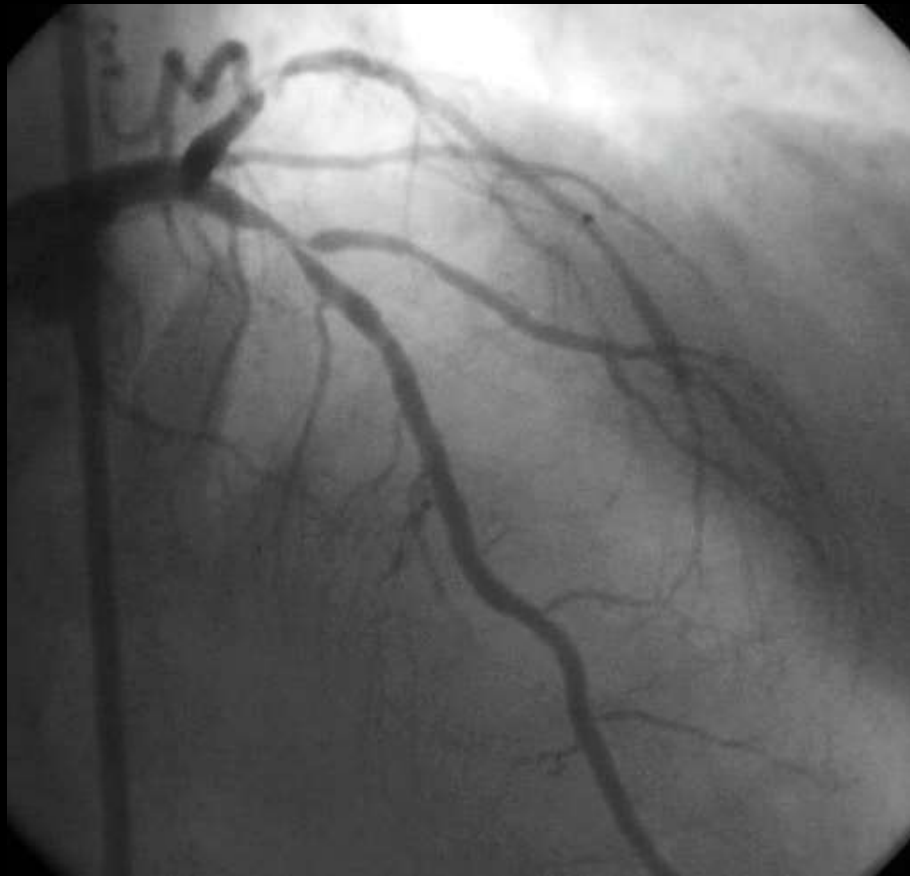


- **Small with diffuse disease → KIO**

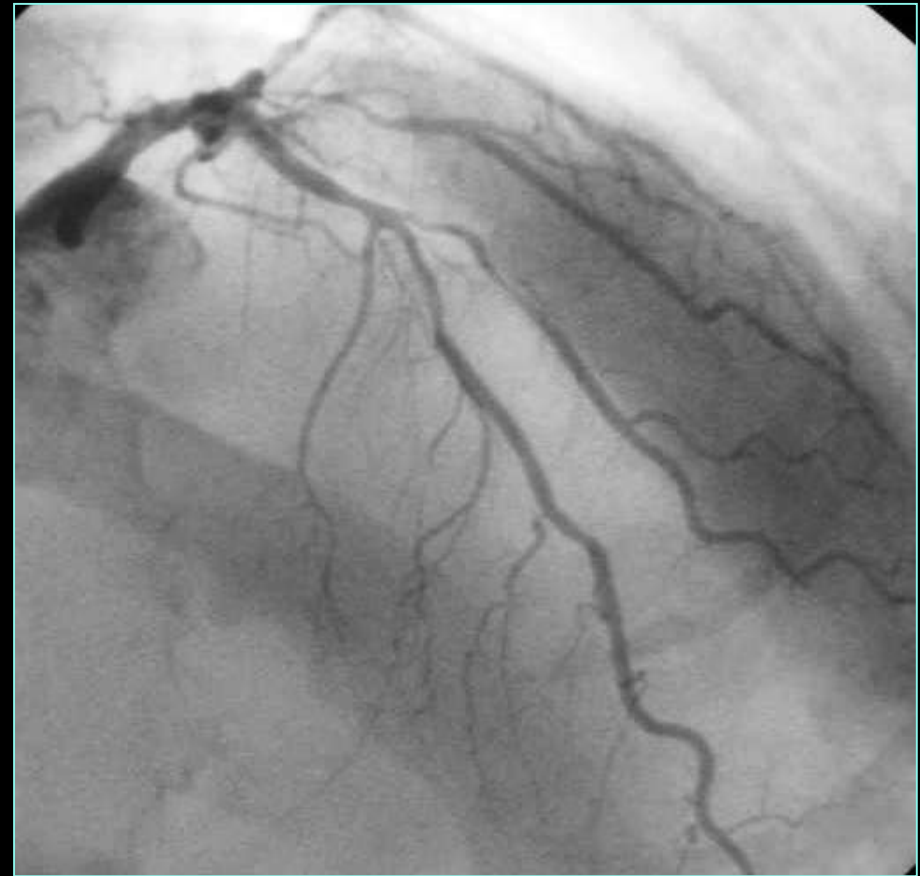


- **Large SB with large territory → complex bifurcation likely requiring 2-stents**

Extent of SB disease

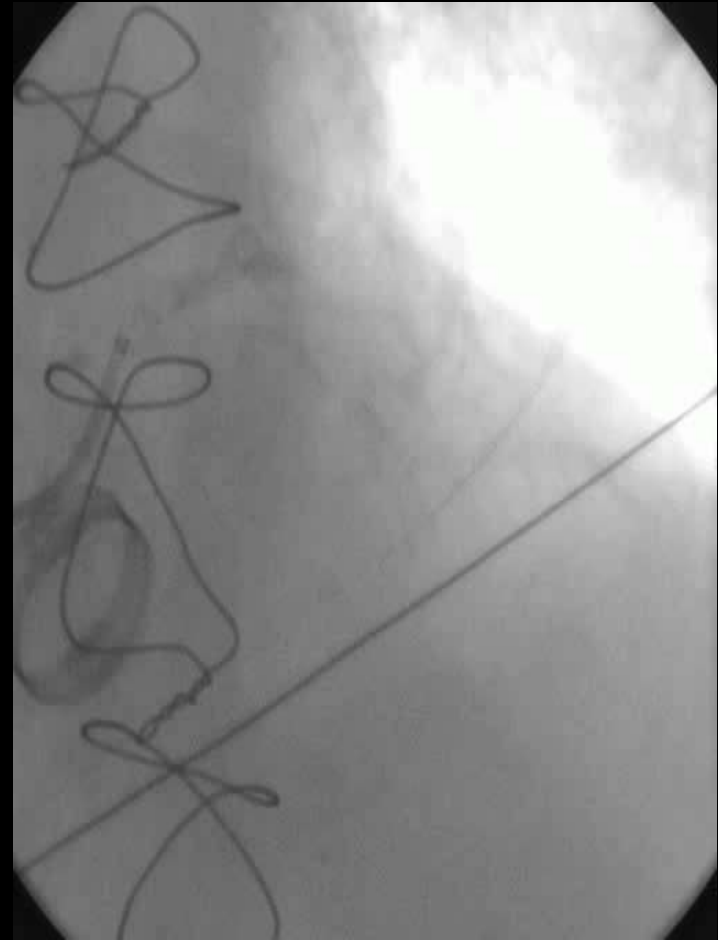


- Focal ostial disease → Provisional



Diffuse disease → 2 stents

When do you perform minicrush with 2 stents simultaneously?



In Emergency conditions such as STEMI with cardiogenic shock

The Benefits of Provisional Stenting Have Been Vastly Overrated!

- Outcomes with complex bifurcations are worse no matter which technique you apply
- Up to 30% of bifurcations are complex
- RCTs are not representative of complex bifurcation lesions
- 2-stent strategy is dependent on operator and technique used; IVUS guidance is important
- Cross-over from PS to 2-stent likely to be higher in complex lesions

Dissections

Dissections are a complication if caused by the guide catheter

Dissections induced by lesion dilatation are part of the dilatation procedure

Learn to distinguish a benign from a malignant dissection

Be ready to leave some dissections without stenting

Benign versus malignant dissection

Benign dissection: no angiographic reduction of the lumen, contrast clears from the lesion very fast, IVUS shows a large residual lumen despite the presence of a dissection, residual pressure gradient less than 20 mmHg.

If you suspect to be subintimal:
YOU ARE SUBINTIMAL!

If you think you may need hemodynamic support:
YOU NEED IT!

If you think you need rotablation:
YOU NEED IT!

Balloon inflations

Learn when to use semicompliant versus compliant balloons

Avoid short inflations, inflate balloons and stents for at least 30 sec

Check for full balloon expansion in multiple projections and be ready to use additional devices if you are not happy about balloon expansion

Stent underexpansion despite high pressure inflation

Rotablator

High pressure cutting balloon

Laser (ELCA) with contrast injection

Lesion preparation: High-pressure NC balloon



Lesion preparation with NC balloon



After NC balloon → Suboptimal expansion

Lesion preparation: High-pressure AngioSculpt



Lesion preparation with AngioSculpt



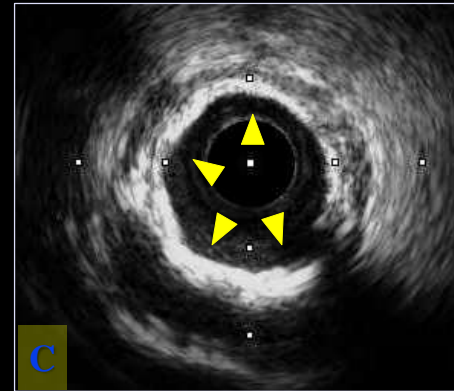
Pre-dilatation:
AngioSculpt 2.0 mm, 24atm



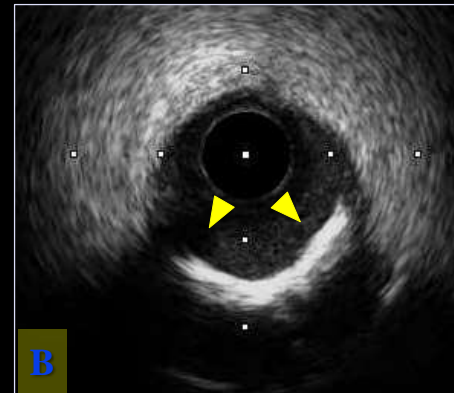
After AngioSculpt → Suboptimal expansion

Lesion evaluation with IVUS

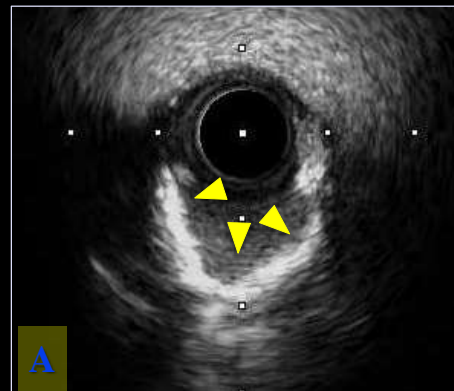
(After high-pressure NC balloon and AngioSculpt)



Severely calcified plaque
($>270^\circ$)

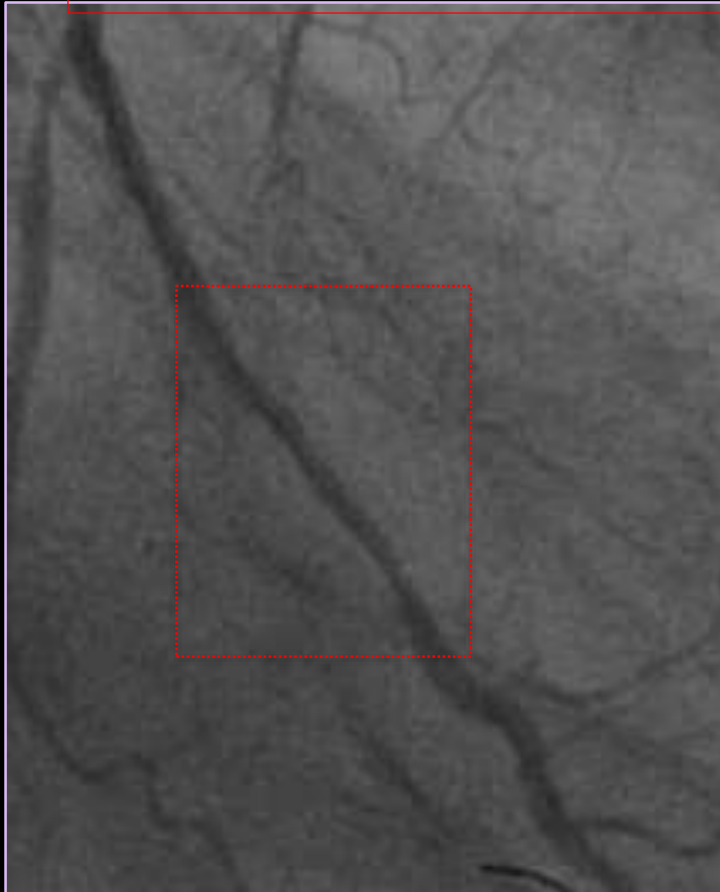


Severely calcified plaque
($\cong 180^\circ$)

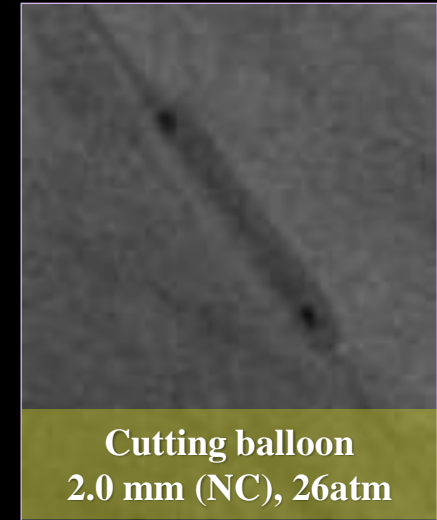


Severely calcified plaque
($>180^\circ$)

Lesion preparation: High-pressure cutting balloon



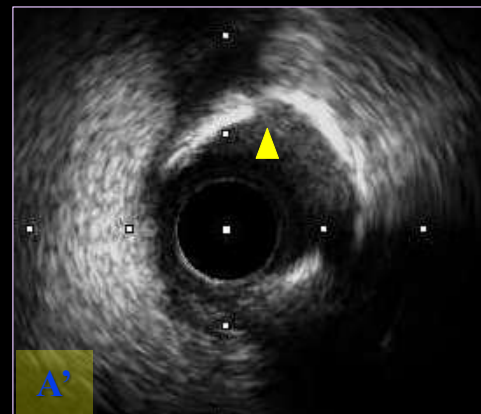
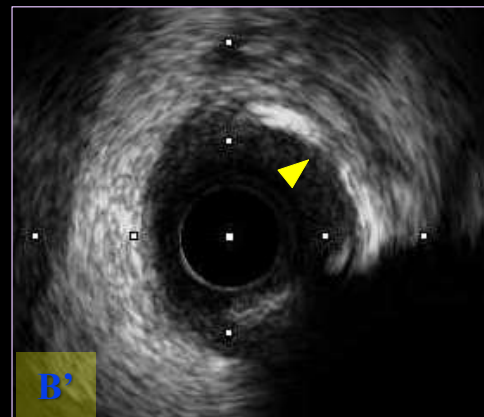
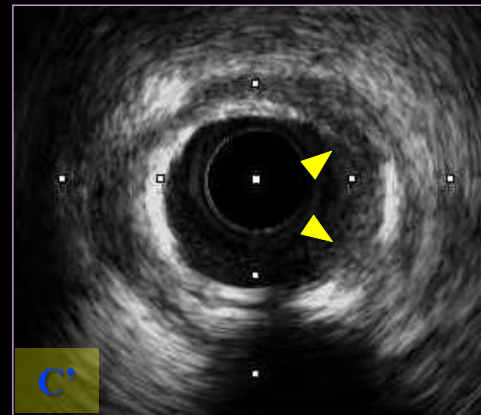
Lesion preparation with cutting balloon



After cutting balloon → Optimal expansion

Lesion evaluation with IVUS

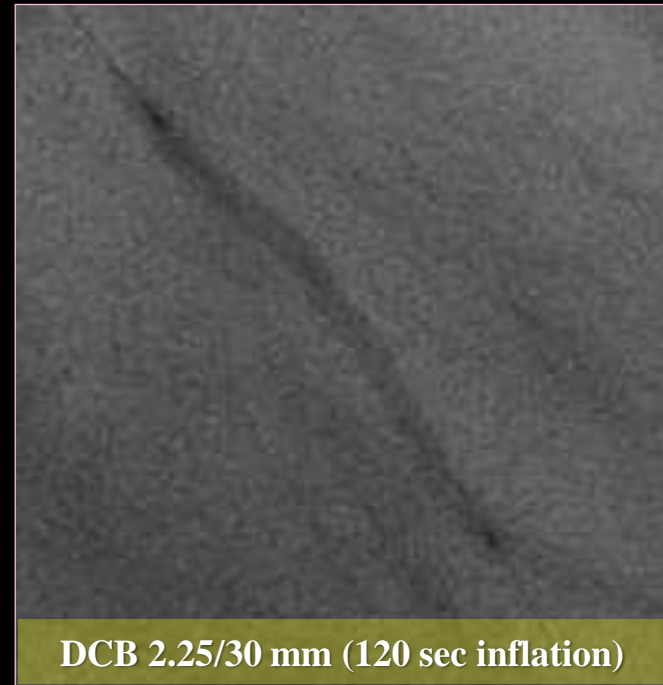
(After high-pressure cutting balloon)



**Multiple cracks on
the calcified lesions**



After optimal lesion preparation
with cutting balloon



Based on the optimal lesion preparation results achieved and favorable IVUS findings, the lesion was treated with DCB

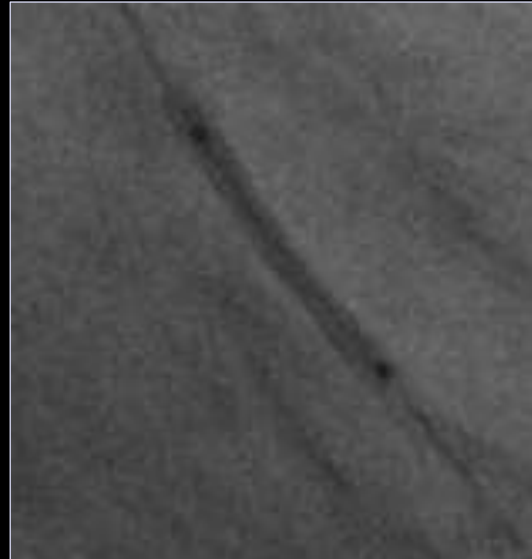


After DCB: Excellent angiographic results

Post PCI FFR baseline: 0.96 → contrast: **0.90**



High-pressure NC balloon (24atm)



High-pressure AngioSculpt (24atm)



High-pressure cutting balloon (26atm)



After NC balloon



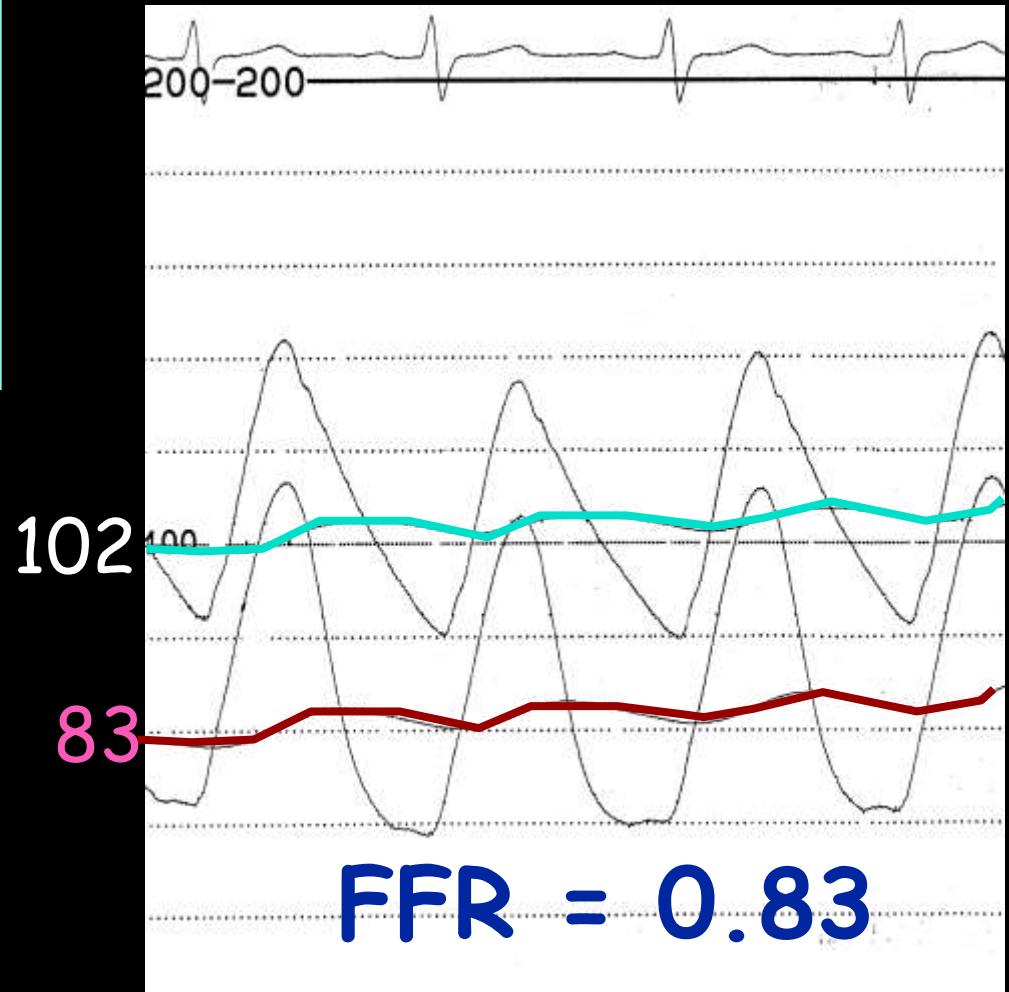
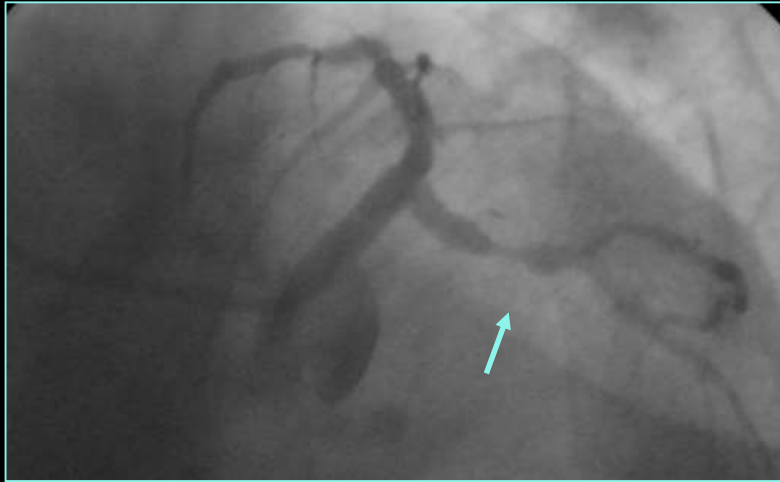
After AngioSculpt



After cutting balloon

When FFR may not be the gold standard

Distal disease prevents maximal hyperemia



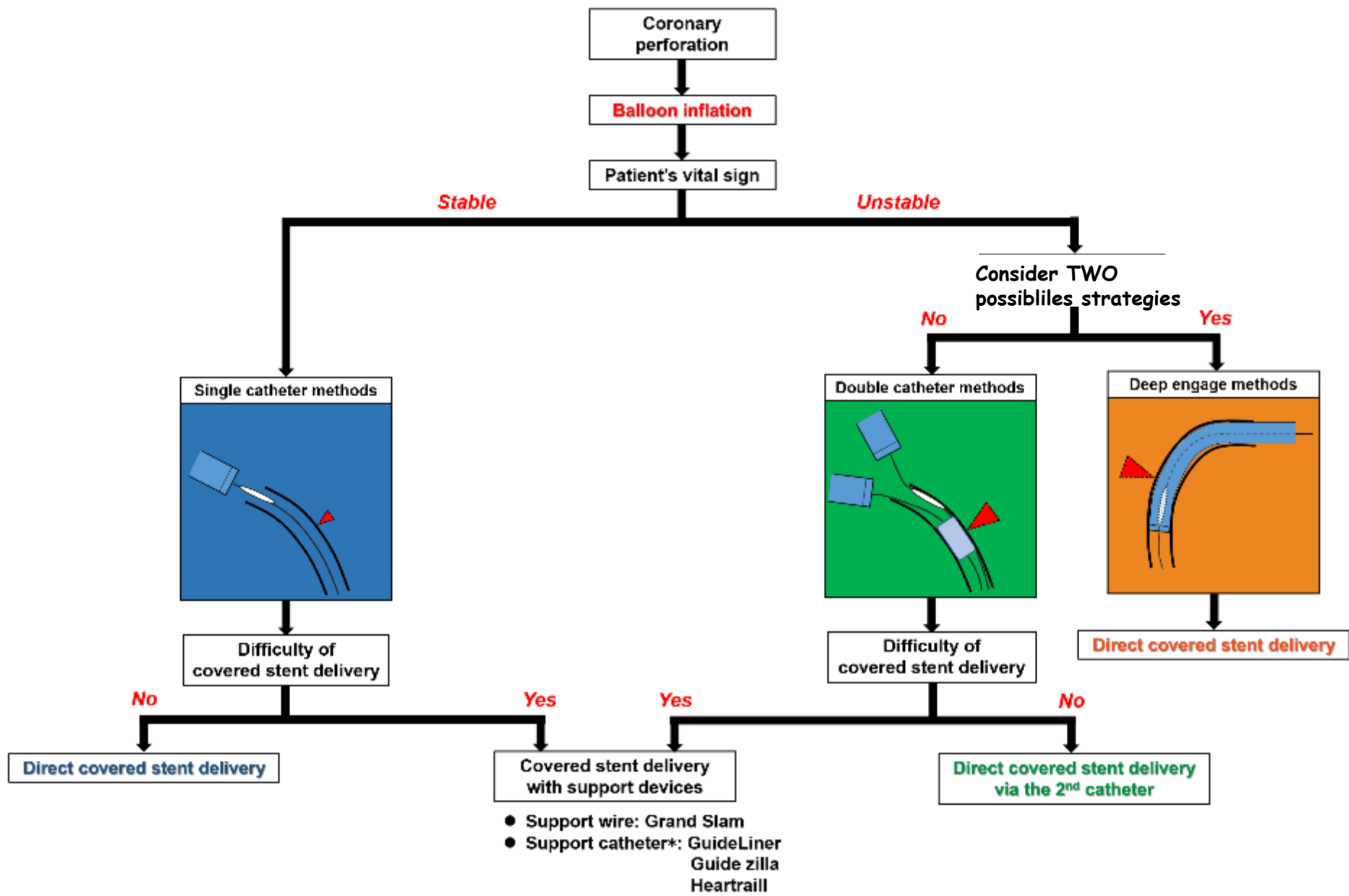
FFR and iFR etc. are NUMBERS: nothing more

Remember that these indices are continuous and not dichotomous ones (Pregnancy).

I prefer FFR 0.91 to 0.81

Anatomical and clinical contexts are essential

Coronary Perforations



Emergency kit for perforations

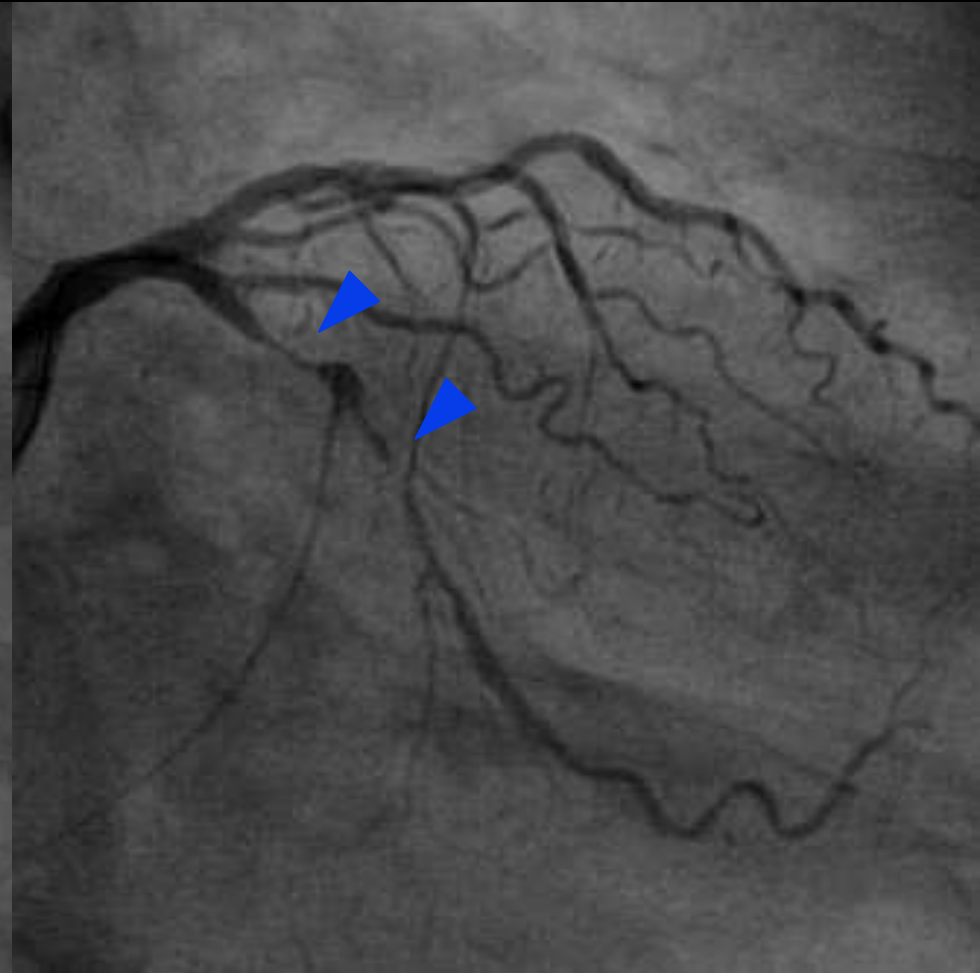
Covered stents

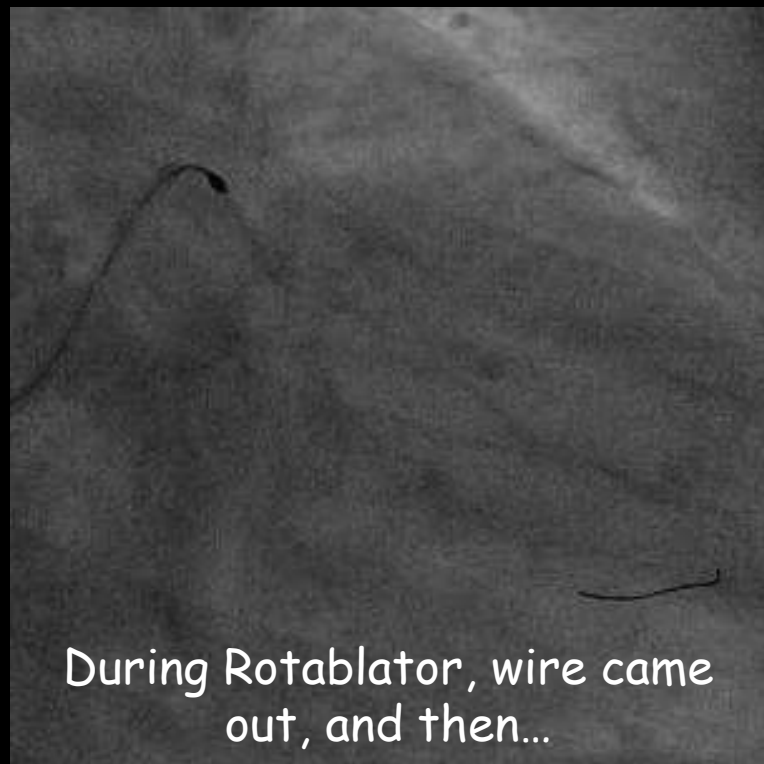
Coils and delivery catheters

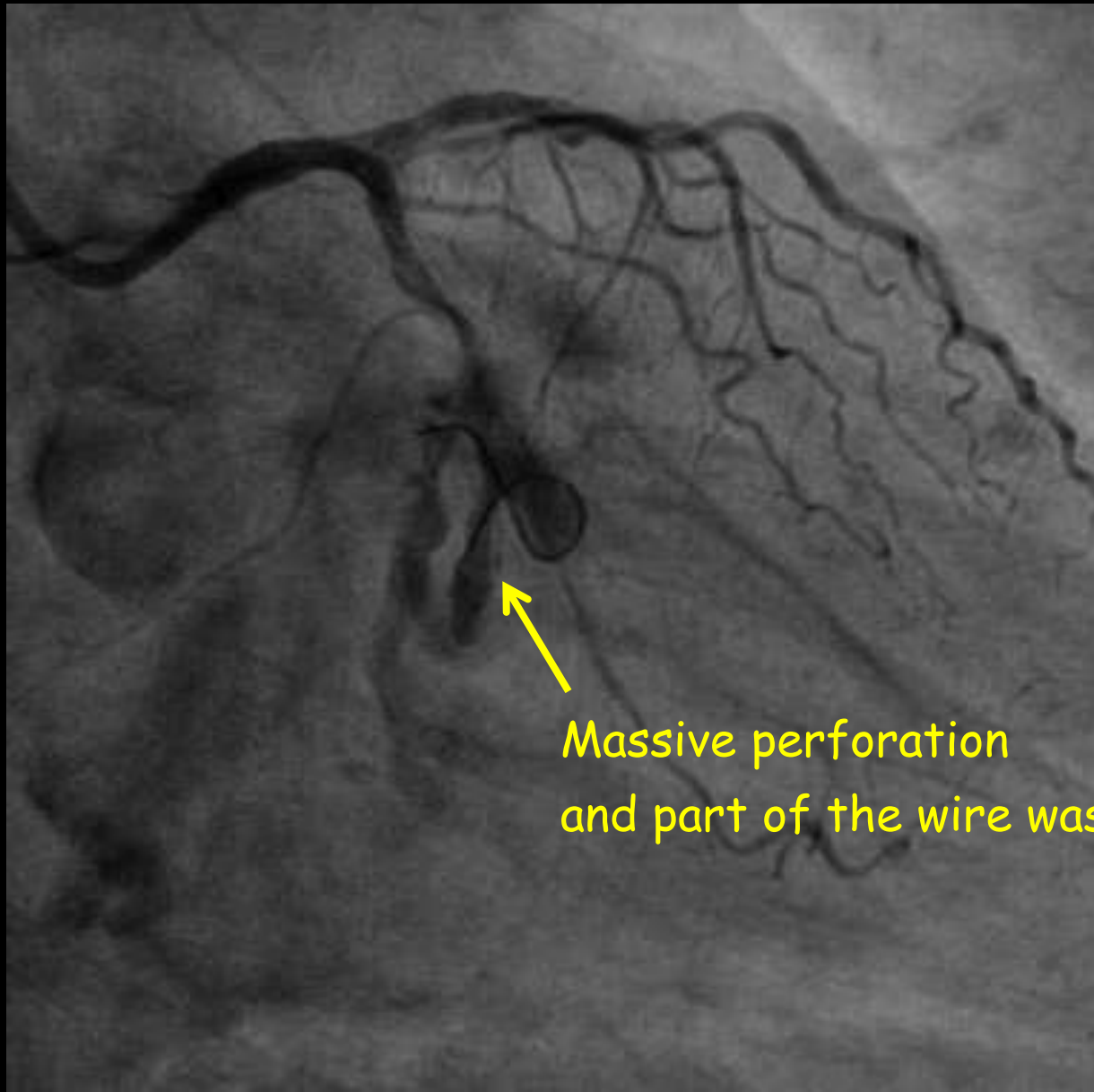
Microspheres (Embozene CeloNova) and learn the diameter of the delivery catheter for a specific particle (usually 100 microns for 0.014 compatible)

**Rescue from massive perforation:
Sometimes a drastic solution needs to be taken**

Baseline angiogram







Massive perforation
and part of the wire was outside of the vessel

- Balloon inflation at proximal part
- Wire did not advance to the distal

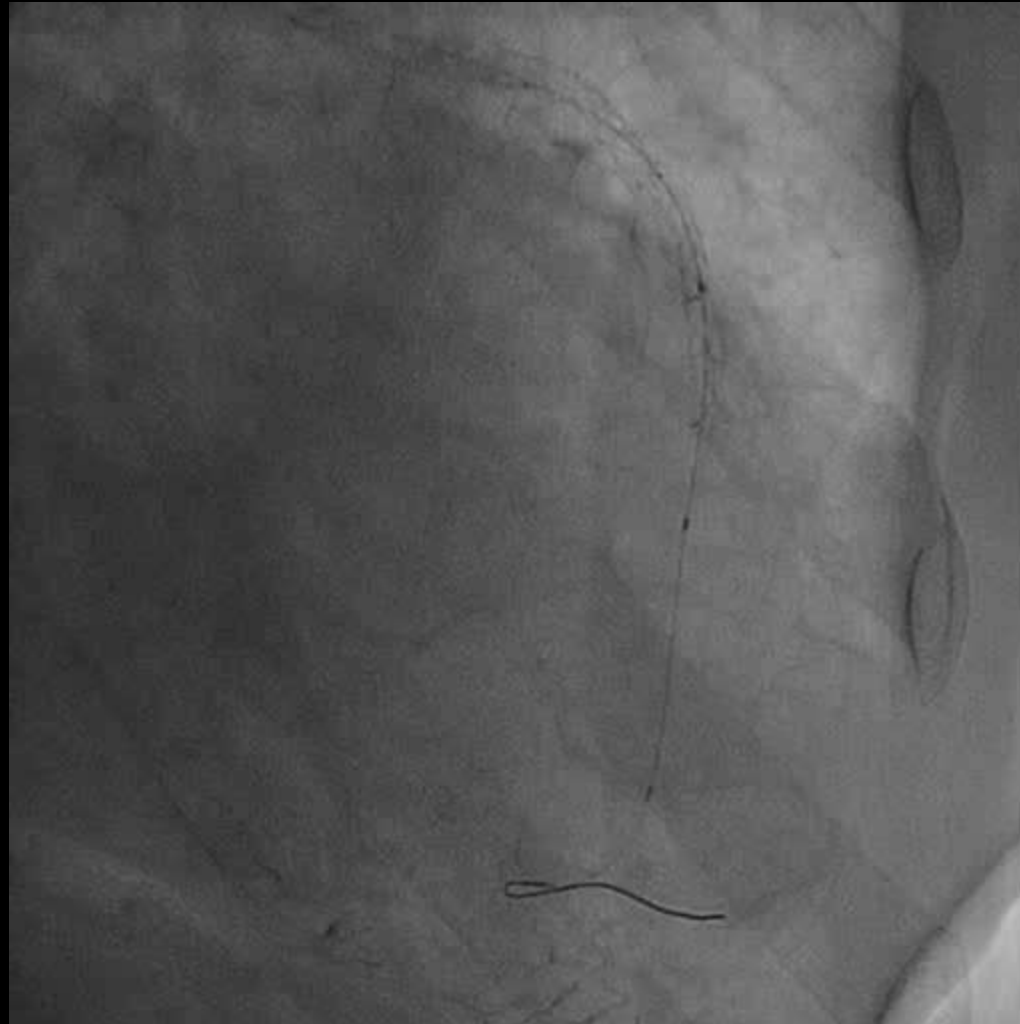
After several minutes Balloon
inflation....



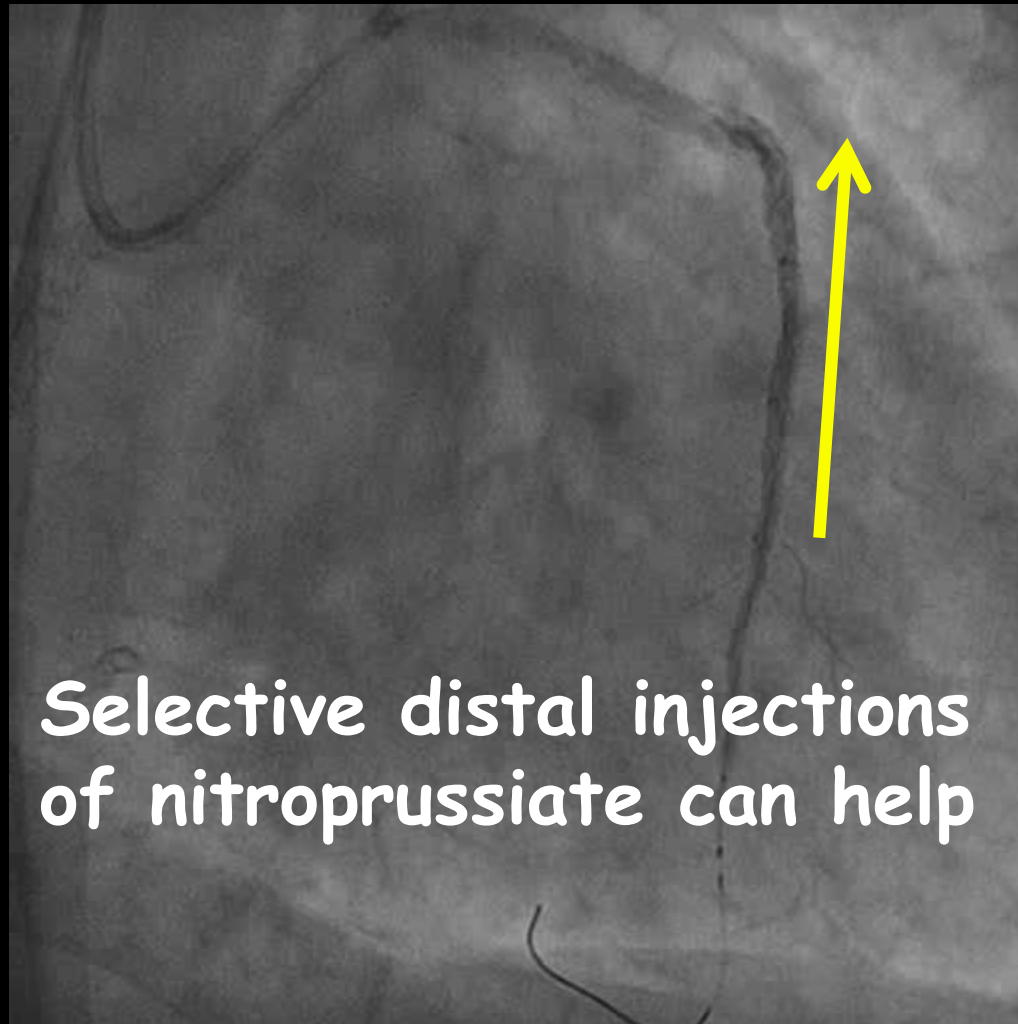
Distal embolization and slow flow versus dissection

The worst is to place an additional
stent when slow flow is the
problem

Slow flow may occur after stent placement or postdilatation



Selective distal contrast injection with contrast returning proximally is typical



Remember

You will never practice Interventional Cardiology
without experiencing complications

Learn to solve complications and
be prepared for old and new ones

Be careful: avoid to resolve a complication
by creating a second one

After a long interval without complications:

Be Ready! One Will Come!